



# What Canst Thou Say?

**Friends • Mystical Experience • Contemplative Practice**

*You will say, Christ saith this, and the apostles say this: but what canst thou say?  
Art thou a child of Light and hast thou walked in the Light, and what thou speakest,  
is it inwardly from God? —George Fox*

## What Canst Thou Say? Articles and Poems Tables of Contents

### October 10, 1994 Number 1

Invitation to participate in a new newsletter  
Experience and Ideas  
Borrowing from Catholic and Buddhist Contemplatives—  
Jim Flory  
For your Reflection and Comment:  
Society of Friends and Mysticism—John Ferguson  
quotation  
On Developing a Common Language—Jim Flory  
Reader Questions  
Spiritual Direction and Friends  
Meditation and Meeting for Worship  
Review of Daniel A. Seeger, Pendle Hill pamphlet 269

### January 1995 Number 2

Experience and Ideas  
My Spiritual Journey—Marjorie Kellogg  
Ser I—Mike Resman  
I Reached my 80<sup>th</sup> Year in 1994—Mary Millman  
Questions for Readers  
Meditation and Meeting for Worship  
Gnosticism and Friends  
Responses from Readers  
Spiritual Direction and Friends:  
Pat McGuire, Robert Carson, Gwen Wheelock  
Meditation and Meeting for Worship:  
Robert Carson, Rick Horn  
Resources—Friends Spiritual Support Network  
Suggested Readings  
News and Notes

### March 1995 Number 3

Thoughts on Meditation—Rhoda Gilman  
Jesus Offers Us Life—Richard A. Hall  
Is That Quakerly?—Mike Resman  
Questions and Responses  
Gnosticism and Quakerism—Rhoda Gilman  
Question: Describe a Spiritual Discipline that You  
Use

(Example Drawn from Walking Meditation)

Questionnaire for Discussions on Meeting for Worship

### May 1995 Number 4

A Visitation—Lois Barton  
The Memory of What Is Possible—Howard J. Vogel  
Quotation—Isaac Penington  
Spiritual Journey—Eleanor Krimmel  
Love—Mike Resman  
Resources  
Review of George Fox's *Book of Miracles*—Ross  
Flanagan

### July 1995 Number 5

Opening to the Light—Marcelle Martin  
Dear Friends, Known and Unknown—John Etter  
Question, posed—Eleanor Krimmel  
Review: *Ordinary Magic: Everyday Life as Spiritual  
Path*,—John Welwood (Reviewed by Jim  
Flory)

### September 1995 Number 6

A Challenge for Friends—Jean Roberts  
Suppressed Memory Syndrome—Lew Dreisbach  
A Letter to God—Jack Fogarty  
Resources  
Reviews of Articles—Jim Flory  
Quotes:  
Matthew Fox on Emptiness  
*Cloud of Unknowing*  
Howard Brinton  
William Penn  
John Welwood—*Ordinary Magic*

### November 1995 Number 7

Prism Experience—Bruce K. Nagle  
Contemplative Practice in a Quaker Context—Jim Flory  
Stone Travel—Mike Resman  
Cradled in God's Hand—Lissa Field  
Review: *Mysticism, Death and Dying*—Marty Grundy

Review: *Kundalini Energy and Christian Spirituality: A Pathway to Growth and Healing*  
—Philip St. Romain. (Reviewed by Lois Barton)  
Quotations: Matthew Fox, Joseph Campbell, Gerald May

#### **February 1996 Number 8**

Kundalini Research Network 1995 Conference—  
Marcelle Martin  
Spiritual Insight into Energy Experiences—Kathy Tapp  
Grace and Hospitality—Kiko Denser  
Projecting Our Divinity on Others—Jean Roberts  
I, Too, Have had a Mystical Relationship with God—  
Raven  
A Walking Meditation—Marie F. Cotton

#### **April 1996 Number 9**

Visitation from the Realm of Spirit—Beverly White  
Contemplative's Prayer—Heidi Blocher  
Following the Inner Path—Linda Lee  
To Walk In This World, Yet Not Of It—Dorothy Mack  
Interpreting Mystical Experience—Excerpt from Ken  
Wilbur, *A Brief History of Everything*  
Book: *Crip Zen: A Manual for Survival* (Reviewed by  
Gwen Wheelock)

#### **June 1996 Number 10**

Awakening—Siva Raven  
Mystical, Esoteric, and Secular Knowledge == Krishna  
Seshan  
Quaker Silence, Buddhist Silence—Rhoda Gilman  
Resources:  
*The Relevance of Bliss*—Nona Coxhead—review—  
Ted Webster  
Spiritual Materialism—Chogyam Trungpa—Excerpt

#### **August 1996 Number 11**

Mysticism—Jorge Waxemberg  
Reprint from *Seeds of Unfolding*, Volume IX, Number 3:  
1992, published—the CAFH Foundation

#### **December 1996 Number 12**

Subtle Mysticism—Marty Grundy  
A Story for “Slow Leaks”—Patricia McBee  
Mystics Among Friends Today Conference, Pendle Hill,  
October 1996  
A Singular Observation—Carol Roth  
Coming to Quakerism from Agnosticism—Errol John  
Hess  
Mystics Among Friends Today Conference—Marcelle  
R. Martin  
New Production Crew Is Needed if WCTS is to  
Continue—Jean Roberts and Jim Flory  
Love, Sex, and Contemplative Practice—a series of  
excerpts:  
Steven Michael

Joseph Campbell  
John R. Yungblut  
Ken Wilber  
Gerald May

#### **February 1997 Number 13**

Stories of Quaker Mysticism—Marge Abbott  
Mysticism Among Friends, Ben Lomond Quaker Center,  
November 1996  
—Jean Roberts

#### **May 1997 Number 14**

Living Contemplatively “In the World”—Beth Rozanski  
Editorial—Carol Roth, Marcelle Martin, and Patricia  
McBee  
The Supremacy of Little Joys—William Stimson  
Moved—the Spirit—Patricia McBee  
Some Personal Revelations—John Kriebel  
Resources:  
Contemplative Group in Queens, NY  
Friends General Conference offers workshops on  
mystical experience and contemplative practices

#### **August 1997 Number 15**

Step—Step—Ruth Morris  
A Vision: A Spiritual Community of Service—Jorge  
Arauz  
This Is How Jesus Comes Into the World—William  
Stimson  
My True Calling—Rita Varley  
My Spiritual Birthday—Starshine  
Books:  
*Dakota: A Spiritual Geography*—Kathleen Norris  
*The Cloister Walk*—Kathleen Norris (Reviewed by  
M.J. Uphoff)

#### Letters:

Philip Alphonse Rizzo, Errol Hess, Ted Webster, John  
Ewbank  
*Work at spiritual growth so that the unity built up...*  
Meister Eckhart  
Accounts of Mystical Experiences Wanted:  
Jennifer Elam  
Errol Hess  
Marcelle Martin  
Resources  
Spiritual Healing Group—John Kriebel  
All Day Workshop on Mystics—Joyce Rawlings  
Davies

#### **November 1997 Number 16 *Support for the Journey***

Mirror, Mirror—James Baker  
Support for Spiritual Experiences—Michael Resman  
Everlasting Arms—Dody Waring  
Support from my Meeting—John Kriebel

- Hunters and Fishers Spiritual Support Group—Shirley Bechill
- Spiritual Guide—Renee Crauder
- Contemplative Dance as Spiritual Discipline—Ruth Winifred Dahlke
- The impalpable sustenance of me from all things at all hours...*—Walt Whitman
- Letters:  
Mary Millman, Marie Oesting, Parker Swanson, John Kriebel
- Resources and Upcoming Events  
Pendle Hill Gathering of Quaker Mystics, Today  
Praying into A New Year at Quaker Center in Ben Lomond, California  
Contemplative Quakers on the Internet
- February 1998 Number 17 *Deepening Worship and Ministry*
- The Ministry of Silent Radiation—Bill Taber
- Going to Meeting—Renee Crauder
- God Is Calling Us—Marcelle Martin
- When therefore the smallest instinct or desire of thy heart...*—William Law
- Stillness—Bruce K. Nagle
- Book Review:  
*Ways In Mystery: Explorations in Mystical Awareness and Life*  
—Luther Askeland (Reviewed by Rhoda Gilman)
- A Testimony (About the Pendle Hill Gathering for Quaker Mystics 1996) —Cathrine Gordon
- Resources, Upcoming Events  
School of the Spirit  
The Second Pendle Hill Gathering of Quaker Mystics, Today
- May 1998 Number 18 Expanded Issue: Healing**  
A Luminous River That Heals—Mary Waddington  
From the Alligator Woman to the Crystal Dragon  
—Kathy Tapp  
In the Heart of Pain—Linda Theresa  
My Illumination—Sidney Cobb  
*How we squander our hours of pain...*—Rilke  
*Let all the strains of joy mingle in my last song...*—Rabindranath Tagore  
The Unsuspecting Pilgrim—Paula Michael-Johnson  
Touch—Carol Cober  
For Me, Healing Is a Spiritual Experience—James Baker  
*We had thousands at our meetings...*  
—Katherine Evans and Sarah Cheevers  
*Fox himself...writes about the power of these women's Meetings...*—Cited in Michele Tarter, "The Milk of the Word of God"  
Dreaming Dreams, Seeing Visions: Portrait of a Quaker Healer, Interview with Elaine Wadle,  
—Linda Caldwell Lee
- Book Review:  
*The Physician Within You*,—Gladys McGarey, M.D.  
(Reviewed by James Baker)
- Letters  
James Baker, Heidi Blocher
- Resources  
Friends Fellowship of Healing, Surrey, UK
- August 1998 Number 19 Discernment**  
Developing a Discerning Heart—Constance Lezenby  
The Role of Community—Patricia McBee  
Faithfulness, Grace and Gratitude—Jan Hoffman  
Group Spiritual Guidance: Excerpt from Listening Spirituality—Patricia Loring  
*Stand still in that which shews and discovers...*—George Fox, Epistle 10, 1652  
*It is not the great and main work to be found doing...*  
Isaac Penington  
The Request for Release—Marcelle Martin  
The Four Thousand Dollars—Kathryn Gordon  
Saint Ignatius and Discernment—Renee Crauder
- Book Reviews:  
*Listening Hearts: Discerning Call in Community*—Suzanne G. Farnham  
*Bread and Water: A Spiritual Journey*—Jennifer Haines  
*Holy Listening: The Art of Spiritual Direction*—Margaret Guenther  
*There is a Hunger: Mutual Spiritual Friendship*—Margery Larrabee  
*Mentoring: The Ministry of Spiritual Kinship*—Edward Sellner  
*The Gentle Art of Spiritual Guidance*—John R. Yungblut  
*To listen another's soul...*—Douglas Steere
- November 1998 Number 20 Mentors, Mentoring**  
Where Are Our Spiritual Counselors?—Barbara Schultz  
*Spiritual guidance is a matter of being an instrument...*  
John Yungblut  
The Quaker Elder as Mentor—Beth Rozanski  
A Light That Never Flickered—Carol Roth  
Unitive Experiences Shared with Others—Errol Hess  
Ichthys House: The Home of a Spiritual Guide—Excerpt—Keith Maddock  
To Our Readers: Join the Worship Sharing  
Excerpt from Pendle Hill Pamphlet 284—*Thomas R. Kelly as I Remember Him*—T. Canby Jones  
Excerpt from "The Milk of the Word of God"—Michele Tarter  
Excerpt from "Equipping for Ministry"—Margaret

Benefiel, Friends Journal, August 1993  
Spiritual Mentoring Among Seventeenth Century  
Friends—Marty Grundy

Book Reviews:

*Holy Listening: The Art of Spiritual Direction*—  
Margaret Guenther

*There Is A Hunger: Mutual Spiritual Friendship*—  
Margery Larrabee

*Mentoring: The Ministry of Spiritual Kinship*—Edward  
Sellner

*The Gentle Art of Spiritual Guidance*—John R.  
Yungblut

**February 1999 Number 21 Nature**

The Golden Spring Warbler—Nancy Middleton

We Have to Start With Ourselves—William Stimson

How Great Thou Art—Mary Millman

Nature—Jean Kimball

Oneness with Nature—Mary Waddington

*An eye is meant to see things...*—Rumi

WCTS Needs Help to Continue

A Little Child Taught Me—Jennifer Elam

An Invisible Unity—Marcelle Martin

Excerpt: *The world of dawn and sunset...*—Thomas Berry

Nature as a Reminder of the Divine Within Myself—  
Lieselotte Heil

Excerpt: Giving Witness to the Light—Carol Roth

*The light for which the world longs...*—Thomas R. Kelly

Everlasting Love—Carmen S. Bruce

Knowing We Are Home—Carol Cober

Addition to Query 10?—Mary R. Hopkins

Contemplation—Keith Maddock

Book Reviews:

*Earth Prayers from Around the World*—Roberts and  
Armidon, Ed.

*Mother Earth: Through the Eyes of Women  
Photographers and Writers*  
—Judith Boyce, Ed.

*BeFriending Creation—Friends Committee on Unity  
with Nature*

*Earthlight Magazine: Exploring the Relationship of  
Ecology and Spirituality*

**May 1999 Number 22 Dreams**

From the Night Temple—Kathy Tapp

*I wake to sleep...*—Roethke

Excerpt: *Journal of George Fox*

Enraptured—Silence—Alvin Joaquin Figueroa

Excerpt: *Wilt Thou Go On My Errand*—Margaret Hope  
Bacon

Ann Moore—Of her visiting came meetings of Friends  
in Maryland and Virginia

Discernment—Means of a Dream—Theodora E. Waring  
(Dody)

A Dream and a Decision—Constance Anne Lezenby

Another Miracle—Jack Fogarty

Dreams from Beyond Myself—Mary Waddington

Dreaming Toward the Light—Linda Lee

*A Dream Dictionary*—Review—Linda Lee

Excerpts: *Quaker Journals: Varieties of Religious  
Experience Among Friends*—Howard Brinton

John Churchman, Elizabeth Ashbridge, David Ferris

Book Reviews—Kathy Tapp:

*Dreams: God's Forgotten Language*—John A. Sanford

*Dream Work: Techniques for Discovering the Creative  
Power in Dreams*—Jeremy Taylor

*God, Dreams, and Revelation*—Morton Kelsey

*Wisdom of the Heart: Working with Women's Dreams*—  
Karen A. Signell

*Men's Dreams, Men's Healing: A Psychotherapist  
Explores the New View of Masculinity Through  
Jungian Dreamwork*—Robert H. Hoepke

*Dreams and Spiritual Growth: A Judeo-Christian Way  
of Dreamwork*

—Savary, Berne, Williams

**August 1999 Number 23 Speaking Out About Our  
Mystical Experiences**

Sharing Our Stories of Mystical Experiences with  
Others—Jennifer Elam

*The infinite emptiness of the human heart...*—Alan W.  
Jones

That Place from which Living Words Come—Marshall  
Sutton

Why Don't I Share?—Jeanne Kimball

Finding Spiritual Helpers—Mariellen Gilpin

*Some said I was troubled—an evil spirit...*—Margery  
Kempe

Out of the Closet—Patricia McBee

A Conversion Experience?—Nicholas Dewey

Brief Encounters—John Kriebel

Meeting—Keith R. Maddock

Introducing Our New Team

**November 1999 Number 24 Our Mystical Experiences  
in Childhood**

*Our birth is but a sleep...*—William Wordsworth

Encounter with Sacred Beings—Christine Gagne

A Vision Reveals Direction—Linda Lee

Excerpt from *Knocking on Heaven's Door*—Interview  
with Lynn Waddington

First Memory—David Blair

Excerpt: *Evangeline's Memoir*—Evangeline Hoover  
(Cook) Wright

Discovery—Rosalie F. Grafe

First Communion—Patricia McBee  
 A Sense of Love—Jean Roberts  
 The Well—Thich Nhat Hanh  
 Unless You Become as Little Children—Cynthia Taylor  
 Lifelong Search for the Nature of God—Carolyn  
 Nicholson Terrell  
 From *The Theology of the Inward Imperative*—William  
 P. Taber  
 Resources:  
 Books: *Dancing with God Through the Storm*—Jennifer  
 Elam (Reviewed by Mariellen Gilpin)  
*A Mystical Heart: 52 Weeks in the Presence of God*—  
 Edwina Gateley (Reviewed by  
 Jeanne Kimball)

**February 2000 Number 25 Wholeness in the Midst of  
 Brokenness**

Editorial—Mariellen Gilpin  
 Meeting an Accepting God: My Journey Through  
 Obsessive Compulsive Disorder  
 —Lauren Leach  
 Liking What I Have to Do—Carolyn Smith Treadway  
 A Child of God—Terri Mittenthal  
 Inner Gold—Carolyn Wilbur Treadway  
 Depression is a Gift—Excerpt from *Depression and  
 Spiritual Growth*, Pendle Hill pamphlet #327—Dimitri  
 Mihalas  
 A Zillion Colors of the Rainbow—Linda Theresa  
 A Chance to Learn More—Carol Zimmerman  
 Carolyn's Gift—Chris Bergquist Fulmer  
 Giving Witness to the Light—Carol Roth (reprinted from  
*Friends Journal*, September 1995)  
 My Affair—David Blair  
*Frequently, God allows us to sin because...*—Meister  
 Eckhart  
*The more helpless and poverty stricken we are...*—  
 Meister Eckhart

**May 2000 Number 26 Traditions That Feed My Soul**

Editorial—Linda Lee  
 On Spiritual Monogamy—Bob Schmitt  
 Mysticism and its Meaning in Other Traditions—Jean  
 Roberts  
 Praise the Lord with Timbrel and Dance—Amy Perry  
*To experience the full fruits of the spirit...*—Mark Judkins  
*I do not feel that ours is the only lawful manner of  
 worship...*—Caroline Stephen,  
 In *Quaker Spirituality: Selected Writings*, Douglas  
 Steere, Paulist Press, 1984  
 Christianity and Buddhism: Fingers Pointing to the  
 Moon—Sonda Beal  
 Being Fed—Carmen S. Bruce  
 Waking Up This Morning...—Phil Mullen

Baptism of the Holy Spirit in Earlham Hall, Earlham  
 College, 1962  
 – Dody Waring  
 Sun Dance Epiphany—Tom Nowel  
 Praying for All Life—Leonard Peltier  
 Book Review:  
*Anam Cara*—John O'Donohue  
 Letter to the Editor—Allison Randall

**August 2000 Number 27 Called to Intercessory  
 Prayer**

Editorial—Mariellen Gilpin  
 Holding Problem People in the Light—Lauren Leach  
 A Decision Made from Deep Within—Demaris Wehr  
*If we truly love people...*—Richard J. Foster  
 The Not-Prayed Prayer—Carolyn Wilbur Treadway  
 I Or Thou? —Dorothy Neumann  
 Letting Go—Rosemary Blanchard  
 Reassured in a Completely New Way—Barry Zalph  
 Asking Jesus to do the Praying—Mariellen Gilpin  
*One must be very careful when praying for others...*  
 Peace Pilgrim  
 Don Quixote and the Laying on of Hands—Linda Lee  
 Dropping Two Suitcases Full of Bricks—Terri Mittenthal  
 Praying Someone—Allison Randall  
 Letters to the Editor—Cecil Smith; Lloyd Lee Wilson

**November 2000 Number 28 Visions and Voices**

Editorial—Kathy Tapp  
 Go to Camp David—Stephen L. Angell  
 A Joyful Noise—Alison Lohans  
 Voices and Visions—James Baker  
 Give Thanks—Bill Brown  
 I Was Once A Monk—Bruce Nagle  
 Prayers for Carol Roth  
 Come Home—Kim Lacy  
 Vision—Wendy Clarissa Geiger  
*I was at the plow...*—James Nayler  
*Echoes from The Burning Bush*—Traditional Gospel Song  
 Ada's Potatoes (As told—Paul Riley to Linda Lee)  
 A Gift of Tendering—Mariellen Gilpin  
 New Address for What Canst Thou Say  
 Surprised—the Spirit—Linda Lee  
*Suddenly I felt the walls between the visible and the  
 invisible...*—Rufus Jones  
 Book Review:  
*In-Transit: The Story of a Journey*—Sadie Vernon  
*I had been meditating on my state in great depression...*—  
 Caroline Fox  
*I awoke: it was yet dark...*—John Woolman

**February 2001 Number 29 Experiencing the Spirit in  
 Quaker Business Process**

Editorial—Patricia McBee  
 A Space Where Time Did Not Exist—Nadine Hoover  
 A Covered Committee Meeting—Rita Varley  
 Nourished—the Spirit—Ginger Swank  
*The practice of holding meetings for business...*— North Carolina Yearly Meeting *Faith and Practice* 1982  
 Transformed—the Spirit—Ray Bentman  
 An Answer Comes—Jack Fogarty  
*The objective of the Quaker method is to discover Truth...*— Howard Brinton  
 The Spirit Took Over—Patricia McBee  
 A Gift of Reconciliation—Tony Fitt  
 The Spirit's Business—James Baker  
 Letters: Opting to Live—Carol Roth  
*There is but one Light and one Truth...*— Howard Brinton  
 A Vision and A Task—Barbara Rondine  
 Centering in the Midst of Distractions During Worship—Mariellen Gilpin  
 Resources on Spirituality and Psychology—Jennifer Elam  
*The heart of contemplative practice to me is learning to use our attention...*— Jim Flory

**May 2001 Number 30 Solitude**

Editorial—Linda Lee  
 This Desert Land—Amy Perry  
 Learning to Love Solitude—Phil Rizzo  
*I hold this to be the highest task...* —Rainer Maria Rilke  
*The contemplative withdraws into solitude...* —William H. Shannon  
 Balancing Solitude with Society—Scott Crom  
 In Stillness—Bruce Nagle  
 In Solitude—Allison Randall  
 In solitude, in solitude...—Ruth Duck  
*Solitude gives birth to the original in us...*—Thomas Mann  
 Reflections on Living Reverently—Marlou Carlson  
 Solo—Linda Lee  
 Solitude and Service—James Baker  
*Which is worth more, a crowd of thousands...*—Rumi  
 In the Cave with Him Alone—Heidi Blocher  
 Epiphany in Indian Country—Thomas C. Battey  
*Mystics report that every bit of the world radiates...*— Scott Russell Sanders  
 Letter from Linda Theresa  
 Resources:  
*The Solace of Fierce Landscapes: Exploring Desert and Mountain Spirituality*  
 —Belden C. Lane  
*Seven Days of Solitude: A Guidebook for Personal Retreat*—Brother Ramon  
*Solitude: A Return to the Self*—Anthony Storr  
*Precious Solitude: Finding Peace and Serenity in a*

*Hectic World*  
 —Ruth Fishel  
*A Seven Day Journey with Thomas Merton*—Esther de Waal  
*Centering Prayer: Renewing an Ancient Christian Prayer Form*  
 ■ M. Basil Pennington  
*A true mystic believes that all men have...* — Caroline Stephen

**August 2001 Number 31 Forgiving**

Editorial—Mariellen Gilpin  
 Learning to Forgive and To Let Go—Rosemary Anne Blanchard  
 Getting Right with Each Other—Dalton Roberts  
 A History of Crime—Gardiner Stillwell  
 Thanks Roena, Welcome Grayce  
 We Are Not Called to Forgive But to Heal—Diane Barounis  
*When we fall foul of old ways...*—Daniel Martin  
 With An Open Heart—David Blair  
*We are called upon to love the loveless and the unlovable...*—Janet Scott  
 Our enemies are our greatest teachers...—Dalai Lama  
 A Stone in My Shoe—Susan Clarke  
*Every saint has a past...*—Unknown  
 Then Came Grace—Allison Randall  
 Resources:  
*Forgiving the Unforgivable: Overcoming the Bitter Legacy of Intimate Wounds*  
 —Beverly Flanigan (Reviewed by Kathy Tapp)  
*Forgiveness*—Michael Henderson (Reviewed by David Blair)  
 November 2001 Number 32 *Kundalini Energy*  
 Editorial—Kathy Tapp  
 Giving Birth to the Sun—Marcelle Martin  
*It is an overwhelming experience to fall into the hands of the living God...*  
 —Thomas Kelly  
 Hide—Michael Resman  
 An Interview with Elaine Emily—Kathy Tapp  
 Divine Power—Edith Cooper  
*Spiritual emergency is a wakening call...*—Emma Bragdon  
*Behold, I show you a mystery...*—Corinthians 15:51-53  
 Salt Doll—Kathy Tapp  
 New Eyes—Connie Lezenby  
*...high, high above, your own suns are growing...*— Rainer Maria Rilke  
*In the year 1648, as I was visiting in a Friend's house...*— George Fox  
 Holy Archetypal Journeys—Jennifer Elam

One Spirit, Many Paths—Judith Geiser  
*Fox's powerful experiences did not originate with him—*  
Jean Roberts

Resources:

“Quaking in the Light: The Politics of Quaker Women’s  
Corporeal Prophecy in the 17<sup>th</sup> Century Transatlantic  
World”—essay—Michele Lise Tarter

*Spiritual Energies in Daily Life*—Rufus M. Jones  
(Reviewed by Jean Roberts)

*Kundalini Energy and Christian Spirituality: A Pathway  
to Growth and Healing* —Philip  
St. Romain

*The Energies of Transformation: A Guide to the  
Kundalini Process*  
—Bonnie Greenwell

Other Resources:

Patanjali Kundalini Yoga Care

Kundalini Research Network

Kundalini Clinic

Spiritual Emergence Network

Letter from Helene Huber

*The Kundalini model can be viewed philosophically...—*  
Joan Shivarpita Harrington

**February 2002 Number 33 Spiritual Experience and  
the Outward Life**

Editorial—Patricia McBee

From Kundalini Experience to Healing Work—Kim Lacy

All These Our Relations—Ross Flanagan

*The important thing is not to think much...—Teresa of  
Avila*

A Silent Explosion—Bob Barns

What Canst Thou Say Needs Your Help

*Only be sure that you act on the message and not merely  
listen...—James 1:22-25*

The Nature of Holy Obedience—Thomas Kelly Excerpt

A Second Awakening—Jonathan Prescott

*I think I have wasted a great deal of my life...—Deborah  
Haines*

Finding Your Own Pilot Wheel—Dalton Roberts

Ye Are Gods—Helene Huber

Resources:

*After the Ecstasy, the Laundry*—Jack Kornfield

*Nudged—the Spirit: Stories of People Responding to the  
Still, Small Voice of God*

—Charlotte Lyman Fardelmann

*The Silent Cry: Mysticism and Resistance*—Dorothee  
Soelle

*Resistance and Obedience to God: Memoirs of David  
Ferris, 1707-1779*

—Martha Paxson Grundy

**May 2002 Number 34 The Arts and The Spirit**

Editorial—Linda C. Lee

Art and the Light—Christine O’Brien

*Christ Jesus bids us consider the lilies...—Margaret Fell*

The Healing Harp—Sabrina Sigal Falls

*I was moved to cry also against all sorts of Musick...—*  
George Fox

Harmonious Revolution—Heidi Souza

The Universe Aches to Paint a New Canvas—Jennifer  
Elam

At The Opera—Mary Conrow Coelho

A Musical Opening—James Baker

Focusing on the Experience—Ken Tapp

*Once, while drawing an apple tree...—Frederick Franck*

Lifted—the Spirit—Diane Manning

*For human conduct and human happiness... Thomas  
Hodgkin*

Spirit of Quakerism in My Work—Lynn Carol Henderson

Resources:

*The Quiet Eye*—Sylvia Shaw Judson

*Quakers and the Arts: Plain and Fancy*—David Sox

*Quaker Artists*—Gary Sandmann

Can We Continue What Canst Thou Say?

Meet WCTS Readers, Writers and Editors at FGC  
Gathering

**August 2002 Number 35 God’s Marvelous**

**Workarounds**

Editorial—Mariellen Gilpin

Discovering God as Companion—Allison Randall

*Tough little roses are still in bloom...—Kathleen Norris*

Like As The Night Follows The Day—Christine O’Brien

The Gift That Follows Surrender—David Blair

*One step taken in surrender is worth more...—Meister  
Eckhardt*

Turning From Fear Toward Gratitude—Alexander  
Levering Kern

Do Unto Others—Carolyn W. Treadway

Working Around Faith-Crushing Experiences—Dalton  
Roberts

Ruined—Kate Ahmadi

Changing in Extraordinary Ways—Susan Clarke

*Where deer ate the top two tender leaves off my plant...—*  
Judy Brophy

Unlimited Possibilities—Linda Theresa

Liking My Shadow—Carol Roth

And My Cup Runneth Over—Kat Griffith

Earlham College Center for Quaker Thought and Practice  
Offers Support

to What Canst Thou Say

**November 2002 Number 36 Spiritual Metaphors**

Editorial—Kathy Tapp

A Peace—Kathryn Gordon  
 A Dream—Wayne Swanger  
 Annunciation—Judith Cordary  
 Heart of Light—Marcelle Martin  
*You must give birth to your images...*—Rainer Maria Rilke  
 Gathered Meeting—Evan Richardson  
*Stars, darkness, a lamp, a phantom...*—The Diamond-Cutter Sutra  
 Seedlings—Elspeth M. Colwell  
 Illumination—Kathy Tapp  
 A Gift Doubly Given—Mariellen Gilpin  
*All things and all men, so to speak...*—Paul Tillich  
 Cries for Help: Two Forms of Prayer Experience—James Baker  
 Constant Comment—Rosalie Grafe  
 God Is...—Diane Barounis  
 Of Worms and Wildflowers—Merry Stanford  
 Transformation—Charlotte Fardelmann excerpt  
 The moment one gives close attention to anything...—Henry Miller  
 Invitation for Guest Editors  
 Thanks Linda!

### **February 2003 Number 37 *Death and Dying***

Editorial—Patricia McBee  
 The Death of a Friend—Tony Prete  
 Praying for the Living—Mariellen O. Gilpin  
 Be Loving—Joan Pine  
*At death's door a person was seen...*—Lucy McIver  
 Mystical Experiences—Charleen Krueger  
 Light—Kate Ahmadi  
*Keep me ever aware and ever prepared for the summons...*—Elizabeth Gray Vining  
 Grandmother's Dreams—Judy Lumb  
 Two Sacred Experiences—James Baker  
 Safety—Christine O'Brien  
 Surrounded—Angels—Lynn Kirby  
 My Son at 25—Barb Coyle  
 Standing on Holy Ground—Rita Varley  
 Finding My Way Into the Light—Lois Pomeroy  
 Life or Death, Choose—Karen Modell  
 Death as an Adventure—John R. Ewbank  
*Have I considered how I might love myself...*—Catherine Whitmire  
 Opened to Healing—Lisa Rand  
 Live as If You Will Never Die—Wayne Swanger  
 Changes to the WCTS Team  
 Resources on Death and Dying:  
*Challenge*—Harris E. Adriance

### **May 2003 Number 38 *Birth and Rebirth***

Editorial—Mariellen Gilpin  
 Shoulder to Shoulder—Terri Mittenenthal

Birth and Grace—Carolyn Wilbur Treadway  
 Petting the Moths—Brenda Koenig  
 The Madonna—Dorothy Neumann  
 Lambing Time—James Baker  
 Wake Up Different—Christine O'Brien  
 Tell Us Your Stories!—The Editorial Team  
 Beech Leaves—David Blair  
*Look inward often...*—Meister Eckhardt  
 Rooted in God—Jay Mittenenthal  
 Rebirth, Death, and the Void—Linda Theresa  
 Life in the Birth Canal—Janet Sawyer, as told to Gardiner Stillwell  
 Coming Home—Beth Schobernd  
 Digging—Allison Randall  
 Soul Imprint—Carol Roth  
 New Team Member—New Address for WCTS

### **August 2003 Number 39 *Celebration and Thanksgiving***

Editorial—Mariellen Gilpin  
 A Time of Celebration—Mariellen Gilpin  
*Illustration*—Chris Fulmer  
 Thank You, God, For All of It—Jennifer Elam  
 In Defense of the Spiritual Practice of Flossing Teeth—Marti Matthews  
 Quaker Sunset—K.R. Maddock  
 Vision—Martin Cobin  
 Simply Observe—Philip Rizzo  
 Encouragement for the Journey—Helene Huber  
 Periodicals with Spiritual Themes:  
*Befriending Creation*—Friends Committee on Unity with Nature  
*Call to Action News, Church Watch, Spirituality/Justice Reprint*  
*EarthLight: Magazine of Spirituality and Ecology*  
*Friendly Woman*

### **November 2003 Number 40 *Spiritual Healing***

Editorial—Judy Lumb  
 Joy, Intention, Prayer and Gratitude—Christine O'Brien  
 Healing Old Wounds—Judith Weir  
 Deciding Not to Pray—Mariellen Gilpin  
 A Numinous Presence—Alison Lohans  
*About a dozen years ago I became critically ill...*—Jennifer Faulkner  
 A Garifuna Healing—Judy Lumb  
 The Crack Addict's Tale—Anne C. Highland  
 A Physician on Healing—David Nicklin  
 Learning, Loving and Accepting—Linda Loftus  
 Healing from Hurts—Nancy Whitt

### **February 2004 Number 41 *Open and Tender***

Editorial—Jennifer Elam

Coming Off the Mountain—Brad Sheeks  
Joy—Carmen S. Bruce  
The Path of the Kabbalah—Dani Antman  
Making Sense of Sensitivity—Linda Ruthen  
Song—Michael Klinger  
Open and Tender—Jennifer Elam  
The Price of Professionalism—Steve Gross  
Centered and Open—Karen Trueheart  
A Grounded Sensitivity—Shirley Lane  
Review:

*Dancing with God Through the Storm: Mysticism and Mental Illness*

—Jennifer Elam (Reviewed by Linda Caldwell Lee)

#### **May 2004 Number 42 Guidance**

Editorial—Kathy Tapp  
Stretch Out Your Hands—Maurine Pyle  
Brief Encounter—Anne C. Highland  
A Deer Shall Lead Thee—Hazel Jonjak  
*We can be directed, daily...*—Paul Lacey  
On Being Led to Say the Right Words—Anne Curo  
*Illustration*—Helene Huber  
Hearing the Stones—Marcelle Martin  
A Spirit-led Fast—Peg Morton  
A Centering Experience—Carol Bosworth  
Belize Park: From Dream to Reality—Judy Lumb  
Guidance Through Writing:  
Dialogues with the Inner Guide—Phil Rizzo  
*Illustration*—Helene Huber  
Poems and Peace Missiles—Helene Huber  
By the Grace of God—Ethel and Jack Haller  
Tractor Dream—Lynne Schaller  
Book Review:

*A Therapist's View of Personal Goals*—Carl R. Rogers  
(Reviewed by Linda Theresa)

Please Help Us Share the News!

#### **August 2004 Number 43 Knowings**

Editorial—Mariellen Gilpin  
No Gift is Superior—Dalton Roberts  
The Can Opener—Anne C. Highland  
Lifesaving Questions—Pam Melick  
A Sweet Scent—Charleen Krueger  
An Absolute Total Knowing—Jennifer Frick  
While Walking—Carmen Bruce  
Dreams and Visions—Sadie Vernon  
Help Us Get the Word Out  
The Right Tools—Mary K. Mallett  
Gift from Diana—Kerttu Kay Barnett  
The Nominating Voice—Elizabeth F. Meyer  
Second Sight—Joyce W. Povolny  
Out of the Blue—Carol Roth  
Flooded with God's Life—Reg Naulty

Letters to WCTS—Amy Perry, Carol Roth, Carmen Bruce, Rita Varley  
Near Deer—Michael Klinger

#### **November 2004 Number 44 Darkness**

Editorial—Judy Lumb  
*...the ocean of Light of which George Fox and other writers speak...*—quoted—Helen Hole  
Experiencing God in Darkness—Carol Bosworth  
I Chose This Darkness—Shelly Angel  
Darkness to Light—Janet Minshall  
In the Valley of the Shadow—Eric E. Sabelman  
Facing Darkness as a Child of Light—Jeanne Kimball  
An Ocean of Darkness...an Ocean of Light—Sharon L. Shelley  
Be Still and Stop Your Seeking—Curt Lefferts  
The Dark Night of the Soul—Joyce B. Adams  
The Next Breath—Anne C. Highland  
Maybe God Holds It All—Ann Tarbell  
Driving into the Darkness—Esther C. Darlington  
A Friend of the Darkness—Christine O'Brien  
*In these seasons of extreme strippedness...*—Elizabeth Newport, 1796-1872  
*No language is sufficient...*—Elizabeth Hudson 1722-1783  
*Art thou in the Darkness? ...*—James Naylor  
*How often do I lie...*—Mary Lippincott 1801-1885  
*My experience has long been...*—Priscilla Gurney 1785-1821  
*Lukewarmness and indifference...*—Christine Majolier Alsop 1805-1879

#### **February 2005 Number 45 Loving God With Our Whole Being**

Editorial—**Patricia McBee**  
To Live God—**Phil Fitz**  
To Love Thee More Dearly—**Patricia McBee**  
The Retreat—**Anne C. Highland**  
Dielectric—**Eric Sabelman**  
Loving God With Our Whole Being—**John Ewbank**  
God, It's You I Love—**Mariellen Gilpin**  
Drenched with Love—**Vera Dickinson**  
Love—**Mike Resman**  
Every Moment—**Christine O'Brien**  
*Day—day, day—day...*—Godspell Prayer  
*When we love God with all our heart...*—John Woolman  
*Don't waste energy on things that generate worry...*—Padre Pio  
*A love there is which doth not cease...*—Sarah Blackborow  
WCTS Is Ten Years Old!

#### **May 2005 Number 46 Spiritual Emergency**

Editorial—**Jennifer Elam**  
In the Blood of the Wound—**Lisa Greber**

Walk as Children of Light—**Diann Herzog**  
 Grace—**Karen Trueheart**  
 Christ is Risen—**Emma Laughton**  
 Valley Encounter—**William Migliaccio**  
 A Transcendent Wholeness—**Marjorie Ball**  
 Word from the Trenches—**Mariellen Gilpin**  
 An Important Addition to the Diagnostic and Statistical  
 Manual  
 —**Jean Roberts**  
 The Less I Said—**Jean Roberts**  
 Softly Held Through the Storm—**Eileen Bagus**  
*But take care and watch yourselves closely...—*  
 Deuteronomy 4:9  
 Love and Fear—**Shirley Lane**  
 A WCTS-Friends Bulletin Connection!

#### **August 2005 Number 47 *Seeing***

Editorial—**Mariellen Gilpin**  
*Illustrations—Chris Johns and Rachael Johns*  
 Seeing God—Seeing What Is—**Amy Perry**  
 Thank You—**Christine O'Brien**  
 My Eyes, My Heart—**Christine O'Brien**  
*Absolute attention is prayer. —Simone Weil*  
*The moment one gives close attention to anything...—*  
 Henry Miller  
 The Plea of an Old Dog—**Linda Theresa**  
 What Treasures!—**Bob Barns**  
 Thy Kingdom Come—**Harry Holloway**  
 An All-Encompassing Affinity—**Hazel Jonjak**  
*Mystics report that every bit of the world...—Scott Russell*  
 Sanders  
 Fulfillment—**Joyce Povolny**  
 A New Suit of Clothes—**Lillian Heldreth**  
 Announcement: Quaker Heritage Press

#### **November 2005 Number 48 *God's Humor***

Editorial—**Mariellen Gilpin** and **Judy Lumb**  
*Cartoons—Chris Johns*  
 Getting Real with God—**Jennifer Elam**  
 Jesus' Mop—**Sally Campbell**  
 The Zinger—**Sally Campbell**  
 Meant to Be—**Shelley Kirilenko**  
 With Me Always—**Jean Mayes**  
 All of Me—**Michael Phillips**  
 Watch for That Hat—**Mariellen Gilpin**  
 Crawling to the Foot of the Throne—**Mariellen Gilpin**  
 Nooks and Crannies—**Mariellen Gilpin**  
 Misfit in Guatemala—**Richard Renner**  
 Listening to Fear—**Patti Nesbitt**  
 Tripping Up God—**Chris Fulmer**  
 A Laughing Out Loud Dream—**Christine O'Brien**  
 Broken Open to an Expanding Newness—**Allison**  
**Randall**

God in a Teapot—**Chris Johns**  
 Hearty Sense of Humor—**Allison Randall**  
 WCTS Team Members Needed

#### **February 2006 Number 49 *Touched by the Spirit***

Editorial—**Patricia McBee**  
 Seeing With New Eyes—**Judy Leshefka**  
 Silence is the Holy Circle—**Joyce Povolny**  
 Exploring the Nameless Mystery—**Roswitha Jarmans**  
 Help Keep WCTS Alive: Database Help Urgently Needed  
 What is this echo?—**Alison Lohans**  
 Spirit Birthing—**Merry Stanford**  
 Not My Own—**Helen Weaver Horn**  
 God's Plan—**Linda Loftus**  
 A Sense of Peace—**Shelley Kirilenko**  
 Honey from the Sky—**Charleen Krueger**  
 Illustration—**Allison Randall**  
 Instructions for Authors  
 Two Messages—**Sally Campbell**  
*Illustration—Judy Lumb*  
 Resources:  
*The Dark Night of the Soul: A Psychiatrist Explores*  
*the Connection Between*  
*Darkness and Spiritual Growth—Gerald G. May*  
 (Reviewed by **Mariellen Gilpin**)  
 Nurturing, Sharing and Inviting the Mystical  
 Experience: Retreat at Woolman Hill

#### **May 2006 Number 50 *Changed—Grace***

When Does Grace Enter?—**Linda Theresa**  
 Editorial—**Mariellen Gilpin**—In Memoriam: Linda  
 Theresa  
 Grace Needs No Technique—**Alfred LaMotte**  
 Grace—the Sea—**Beth Schobernd**  
 Blessings Beyond Naming—**Christine O'Brien**  
 A Holy Other—Anonymous (as told to **Mariellen Gilpin**)  
 My Blood, Given—**Judith Favor**  
 Discernment—Means of a Dream—**Theodora E. Waring**  
*It is an overwhelming experience...—Thomas Kelly*  
 Forever Changed—**Zarine Lee Zolivea**  
 Tell Us Your Stories!—Editors  
 Were You Expecting Jesus?—Editors  
 Birthed into Grace—**Carolyn W. Treadway**

#### **August 2006 Number 51 *Jesus***

Chop Wood, Carry Water—**Constance Lezenby**  
 Editorial—**Kathy Tapp** and **Mariellen Gilpin**  
 The Heart of Christ—**Alfred K. LaMotte**  
 As I Have Showed You—**James Baker**  
 Jesus' Eyes—**Patricia McBee**  
 An Ineffable Presence—**Judith Favor**  
 I Give Thanks—**Janet Means Underhill**

A Sense of Homecoming—**Kim Lacey**  
The Whole Time—**Mariellen Gilpin**  
Jesus Is My Guru—**Allen T. Ansevin**  
Encounters with Jesus—**Joyce B. Adams**  
*Yet sometimes when the sun comes through a gap...*—  
Patrick Kavanaugh  
The Gift—**Susan Rose**  
Complete Joy—**Liz Wine**  
Welcome Joan, Rich, and Wayne—Thanks to Margaret—  
Editors  
A Jesus Quaker—**Wayne Yarnall**  
Voice with a Message—**Linda Lee**  
A WCTS Anthology: Bogert Fund Makes It Happen  
The Face of Christ—**Joyce B. Adams**

#### **November 2006 Number 52 Evil**

Conversations with Lucifer—**Maurine Pyle**  
Editorial—**Judy Lumb**  
Vanity—Abraham A. Low (contributed—**Maurine Pyle**)  
*[One]...aspect of the devil's moral theology...* Thomas  
Merton  
Does Evil Exist?—**Janet Ferguson**  
Did God Create Evil?—Anonymous  
Facing Evil—**Janet Mustin**  
Three Overdue Questions from 1963—**Carol Roth**  
Facing Evil: Genocide in Darfur—**David Morse**  
The Man Next Door—**Zarinea Lee Zolivea**  
On Teachers—**Zarinea Lee Zolivea**  
*The Gospel of Philip...abandons even the modified  
dualism...*—Elaine Pagels  
The Evil in Elijah—**Linda Theresa**  
Tapestry of Life—**Lynn Kirby**  
Letter to the Editor—**Alicia Adams**

#### **February 2007 Number 53 Spirituality in the Workplace**

Workplace as Spiritual Classroom—**Katherine Coon**  
Editorial—**Patricia McBee**  
*Discovering God as Companion*—Editors  
Are You Doing What You Love?—**Hector Alvarez**  
Listserve Anyone?—Editors  
Nothing More Serious—**Jeanne Lohman**  
Creating a Sacred Workplace—**Rhonda Ashurst**  
Working—**Vince Schueller**  
Instant Healing—**John Fogarty**  
*In the workplace, we are yoked...*—Philip Hartley Smith  
Technology as Portal to a Higher Place—**Tom Hoopes**  
Quaking in Olympia—**Alan Mountjoy-Venning**  
Every Sound—**Stuart Rose**  
Visualizing Harmony and Compatibility—**Zarinea Lee  
Zolivea**  
Books:  
*Soul at Work: Spiritual Leadership in Organizations*

*What Canst Thou Say?*

—Margaret Benefiel  
*Ethical Business Relationships: Partnerships in Peace*  
—Lee B. Thomas  
*Quaker Business Ethics: A Plumb Line Guide to  
Practical Applications in Business and  
Industry*—Philip Hartley Smith  
*The Diamond Cutter: The Buddha on Managing Your  
Business and Your Life*  
—Geshe Michael Roach  
Reviews—**Patricia McBee**

Letters

**Janet Means Underhill, Stephen L. Angell, Alicia  
Adams**

In Memoriam—Christine O'Brien; Rhonda Ashurst on  
Linda Theresa's death

#### **May 2007 Number 54 Unseen Hands**

Escape in the Gulf of Tonkin—**Zarinea Lee Zolivea**  
Editorial—**Mariellen Gilpin**  
Hand Auras—*Drawing*—Linda Theresa  
Friendly Visitors in Tough Times—Alicia Adams  
Craig's Committee—Alicia Adams  
Only—His Voice—Mariellen Gilpin  
Every Sound—Stuart Rose  
The Plow's Pirouette—Michel Clement  
My Golden Pond—Patricia Reitemeyer  
Invitation for Guest Editors—Editors  
It is here!!! *Discovering God as Companion*  
What Do Friends Say about *Discovering God as  
Companion?*  
Letters to the Editor:  
Helene Huber, Ruth Krebs, Carol Roth  
*Life is just a bowl of queries...*—Constance LaMonte

#### **August 2007 Number 55 Hospitality**

Sharing the Oneness—Jay Mittenthal  
Editorial—Maurine Pyle and Mariellen Gilpin  
Walk with Her—Elizabeth K. Gordon  
Book Review: *Walk With Us: Triplet Boys, Their Teen  
Parents, and Two White Women Who Tagged Along*—  
Elizabeth K. Gordon  
Mrs. Paisley—Grant Stevenson  
The Guest House—Rumi  
Welcoming the Stranger—Joan Pine  
Hosting the Least—Alicia Adams  
The Testing of a Peacemaker—Ruth Goldboss  
Invited into the Kitchen—Marty (Verna) Neidigh  
Entertained—Angels—David Blair  
*Discovering God as Companion*—Editors

#### **November 2007 Number 56 Feminine Aspects of the Divine**

Editorial—Judy Lumb  
The Nature of God—Charles A. Harkness

Resonating to Feminine Images of God—Patricia McBee  
 My Search for Sophia—Mary Hopkins  
 Hymn to the Star Goddess—Traditional Ancient Hymn  
 Gratitude—Carmen Bruce  
 The Women Under the Cross—Maurine Pyle  
 Within the Womb—Hazel Jonjak  
 Love Was Strong Between Us—Barbara Clearbridge  
 The Divine Feminine—James Baker  
 Wings of the Hen—Lois Pomeroy  
 Worshipful Vision—Zarinea Lee Zolvea  
 In the Land of the Great Mother—Kathy Tapp  
 Icon—Kathy Tapp  
 Maanidoowin: The Spirit with and without Gender—  
 Lillian Heldreth  
 Coming Around to Love—Kathleen Mavourin  
 Letters:  
 William Mize, Rich Himmer, Patricia McBee, William  
 Mize

February 2008 Number 57 *Called*

Faith to Follow: Nothing to Fear—Viv Hawkins  
 Editorial—Patricia McBee  
*I have never...been "stricken on the road to Damascus"...*  
 —Clarence Pickett  
 Calls—James Baker  
 Editor Mariellen Gilpin Interviewed on Keepin' the Faith  
 Taking Up and Laying Down the Burden—Barbara  
 Clearbridge  
 The Call—Patricia A. Williams  
 What a Bunch of Schlubs!—Eric Evans  
 Ambivalence and Resistance to God—Mary Kay Glazer  
 Saying Yes, while Living into the Calling—Maurine Pyle  
 On Being Called—Elizabeth De Sa  
 Called on the Day of My Conception—Eric McDougall  
*Limits to the Leadings of the Light*—Hugh Barbour  
 (excerpt)  
 Announcement of a Website—Fred LaMotte

**May 2008 Number 58 *Transforming Conflict***

Short Circuit: Conflict Unresolved—**James Baker**  
 Editorial—**Pam Melick** with **Mariellen Gilpin**  
 The Peacemakers—**Ken Stalcup**  
*To love at all is to be vulnerable...*—**C.S. Lewis**  
 A Dream of Forgiveness—**Lucy Davenport**  
 Escape Plan—**Linda Caldwell Lee**  
 A Pearl of Great Value—**Verna (Marty) S. Neidigh**  
*There must be amidst all the confusions of the hour...*—  
 Rufus Jones  
 Love Your Enemy—**Judy Lumb**  
 In the Boundary Waters—**Judith Weir**  
 Peace Brings Progress and Pleasure—**Dalton Roberts**  
 In Loving Memory: Christine O'Brien  
 A Possible Instance of Transforming Power—**Scott**

**Searles**

Free Hugs—**Kevin Chestnut**  
 Good News from Kenya—**David Zarembka**

**August 2008 Number 59 *Telepathy***

The Lesson Plan—**Anne C. Highland**  
 Editorial—**Maurine Pyle** and **Mariellen Gilpin**  
 Part of the All-ness—**Robert Wolff**  
 Get Going! —Anonymous  
 A Chance to Think—**Mariellen Gilpin**  
 A Bit of Mind Reading—**Maurine Pyle**  
 The Rabbi's Prayer—**Maurine Pyle**  
 Table Lamp Décor and the Mind of God—**Chris Johns**  
 The Vibrating Web of Connectedness—**Mary  
 Waddington**  
 Wilt Thou Sell Thy Soul? —**Priscilla Cadwallader**  
 A Far More Costly Outgoing of Spirit—**Elfrida Vipont  
 Foulds**  
 Revived for Joy and Gladness—**William Edmundson**

**November 2008 Number 60 *Angels***

The One Sent to Help—**Alicia Adams**  
 Editorial—**Mike Resman** and **Judy Lumb**  
 Breath and Angelic Presence—**Judith Favor**  
 Angel in a Trench Coat—**Jacqueline Z.W. Hannah**  
 Gifts of Angels—**Judy Lumb**  
 Our Names Are Known—**Carol Roth**  
 As Real as Friendship—**Barbara Clearbridge**  
 Worship—**Mike Resman**  
 Shishey—**Wendy Clarissa Geiger**  
 My Guardian Angel?—**Verna Neidigh**  
 We Are All Fallen Angels—**Carmen Bruce**  
 Letters to the Editor  
**John Surr, Dimitri Mihalas**

**February 2009 Number 61 *Gratefulness***

My Spiritual Practice of Gratitude—**Lee Junker**  
 Editorial—**Patricia McBee**  
 Discovery—**Alfred LaMotte**  
 Photography as Gratitude—**Allison Randall**  
 Mystery and Wonder Fill My World—For These I Am  
 Grateful—**Janet Means Underhill**  
 Gratitude: Unexplained—**Betty Engle Stoddard**  
 Gratitude Rediscovered—**Willing Madeira**  
 Gratitude in the Face of...—**Lynn Kirby**  
 Meditation—**Bob Denison**  
 Living in Gratitude—**Dotty Holcomb Doherty**  
 A Moment of Light—**Heidi Blocher**  
 What I Love—**Janet Sawyer**  
*For all that has been...*—**Dag Hammarskold**  
*In everything give thanks...*—I Thessalonians 5:18  
 A Question of Respect—**Lillian Heldreth**  
 More Than a Feeling—**Jennifer Frick**

*If the only prayer you say...*—Meister Eckhart  
*In gratitude we give to others...*—Evelyn Miranda-Feliciano

Books: *Thanking and Blessing—The Sacred Art: Spiritual Vitality through Gratefulness*  
—Jay Marshall

*Gratefulness: The Heart of Prayer: An Approach to Life in Fullness*

—David Steindl-Rast (Reviewed by Patricia McBee)

Welcome! New WCTS Team Members

### May 2009 Number 62 *Strangers*

The Stranger Within—Anonymous

Where Are You From? —Agnes Miyo Moriuchi

Community of Strangers—Steven Kohn

No Us and Them—**Nils Pearson**

*There is no “out of love.”...* —Charles (Tom) Brown

The Stranger in the House—**Elizabeth K. Gordon**

A Love I Could Not Put Into Words—**Helen Siciliano**

A Storehouse for Our Journals—**Mariellen Gilpin**

Letters to the Editor

**Jack Fogerty, Wendy Clarissa Geiger, James Baker**

### August 2009 Number 63 *Body Prayer*

Run, Fat Girl, Run—**Brenda Rodeheffer**

Editorial—**Amy Perry and Mariellen Gilpin**

Spirit Poured on Flesh—**Deborah L. Shaw**

With Feet and Breath: Connecting to Spirit through Walking Meditation—**Lisa Rand**

*To experience the full fruits of the Spirit...*—Mark Judkins  
Helpsmeet

Dancing with God—**Jennifer Elam**

My Body’s Prayer—**Rhonda Ashurst**

*Don’t you know that you yourselves are God’s temple ...*—1 Corinthians 3:16

*Do you not know that your body is a temple ...*—1 Corinthians 6: 19-20

Green and White Energies Flowing—**Sally Campbell**

*I wandered about for a long time in different districts ...*—Way of the Pilgrim

Living in My Hands—**James Baker**

*That wisdom was born with me in the womb ...*—J. Philip Newell

Leading Me to Wonder—**Judith Favor**

*But this precious treasure—this light and power that now shine ...*—2 Corinthians 4:5-10

Body Prayer Blessings—**Alicia Adams**

*The longest way to God, the indirect; ...* —The Book of Angelus Silesius

### November 2009 Number 64 *Bread and Roses*

What Do People Really Need? —**Mariellen Gilpin**

Editorial—**Mike Resman and Judy Lumb**

People Need Flowers—**Allison Randall**

Not Bred Alone—**Steve Kohn**

Malling—**Evelyn Miranda-Feliciano**

Unconditional Love—**Mary R. Hopkins**

Calling—**Alicia Adams**

What I Need—**Janis Ansell**

Service—**Carrie Melin**

Quest for Intimacy—**Mariellen Gilpin**

An Evolving Rote Prayer, Recited in the Morning—**Mariellen Gilpin**

### February 2010 Number 65 *A Covenant with Creation*

Eat Mangoes While You May—**Lisa Rand**

Editorial—**Pat McBee**

Covenant with the Creator—**Evelyn Miranda-Feliciano**

Relationship with the natural world?—**Mary R. Hopkins**

Prayer of the World—**Kathleen Maia Tapp**

Polar Bear—photo by **Ken Tapp**

For Jdimytai Damour—**Steve Kohn**

Consciousness and Creation—**Teri Degler**

Clouds—photo by **Paul Healy**

Covenant—**Carol Bosworth**

Our Way Forward—**Alicia Adams**

Night’s Song—**Alicia Adams**

Heart’s Song—**Alicia Adams**

Free and Infinite—**Janis Ansell**

Grants for the Study of Christian Mysticism

### May 2010 Number 66 (1) *Addiction and Grace*

Desperately Hungry—**Jacqueline Hannah**

Editorial—**Jacqueline Hannah** with **Mariellen Gilpin** and **Mike Resman**

Addiction and Grace: Encounters with the One True God—**Gene Hillman**

Freedom—**Janis Ansell**

Answering the Knock—**Anya Hamrick-Nevinglovskaya**

Undoing the Ego—**Jay Mittenthal**

From Addiction to Happiness—**Lee Rada**

*This life, therefore, is not godliness ...*—Martin Luther King, Jr.

Pain—**Angeline Reeks**

Shadows—**Angeline Reeks**

Resources (Book Reviews)

—*Magnificent Addiction: Discovering Addiction as Gateway to Healing* by Philip Kavanaugh, reviewed by **Mariellen Gilpin**

—*Addiction and Grace: Love and Spirituality in the Healing of Addictions* by Gerald May, reviewed by **Gene Hillman**

—*The Divine Feminine Fire: Creativity and Your Yearning to Express Your Self* by Teri Degler, reviewed by **Kathy Maia Tapp**

### May 2010 Number 66 (2) *Addiction and Grace (Suppl.)*

Healed God's Way—**Mariellen Gilpin**  
Freeing Myself of Nicotine—**Dalton Roberts**  
*Freedom is the pause between stimulus and response—*  
Rollo May  
Unmerited Benevolence—**Contessa Miller**  
From Addiction to Compassion—**Rhonda Ashurst**  
Addiction to Time and Space—**Mary R. Hopkins**  
Conversation with the Author—**Rhonda Ashurst** and  
**Mariellen Gilpin**  
*The Hidden Transformation—Gerald May (Dark Night  
of the Soul)*  
*George Fox on Addiction*  
*We don't go around preaching about ourselves ...—2*  
Corinthians 4:5-10



# What Canst Thou Say?

**Friends • Mystical Experience • Contemplative Practice**

*You will say, Christ saith this, and the apostles say this: but what canst thou say?  
Art thou a child of Light and hast thou walked in the Light, and what thou speakest,  
is it inwardly from God? —George Fox*

## What Canst Thou Say?

WCTS c/o Richard Himmer  
1035 Hereford Drive  
Blue Bell PA 19422-1925

Discovering God as Companion:  
Real Life Stories from What  
Canst Thou Say?

Mariellen Gilpin, Editor, Retail \$15.34,  
172 pages

Get your copy: FGC Bookstore <quakerbooks.org> (800) 966-4556

## Tell Us Your Stories!

**What Canst Thou Say** is a worship-sharing group in print. We welcome submissions of articles of 350-1500 words and artwork—line drawings or artwork suitable for black and white reproduction. Please send your text submissions in Word or generic text format and artwork in high resolution jpeg files. Photocopied art and typed submissions are also accepted. Send via email to <mariellen.gilpin@gmail.com> or diskette, or hard copy to **WCTS, 818 W. Columbia, Champaign, IL 61820.**

All authors and artists retain copyright to their articles and artwork published in **WCTS**. **WCTS** retains the right to publish initially and also to reprint in **WCTS** anthologies. If you want to reprint an article from **WCTS**, please contact us for permission.

**What Canst Thou Say?** is an independent publication by and for Quakers with an interest in mystical experience and contemplative practice. It's published in August, November, February, and May. The editorial and production team is Lissa Field, Mariellen Gilpin, Lieselotte Heil, Richard Himmer, Chris Johns, Joan Johnston, Judy Lumb, Patricia McBee, Grayce Mesner, Mike Resman, Eleanor Warnock and Wayne Yarnall.

Please write for WCTS! Instructions to authors are on page 7. Send editorial correspondence to <mariellen.gilpin@gmail.com> or WCTS, 818 W. Columbia, Champaign, IL 61820. See the WCTS website for a history of WCTS and updated queries for future issues: <whatcanstthousay.org>

Subscriptions are \$10 for one year, \$9 per year for two or more years. Back issues are \$1.50 each, \$15 for a partial set (Issues 1-20, 21-40, 41-60), and \$45 for a complete set up to the current issue. Email subscriptions are \$5 per year. Subscription correspondence should be directed to Richard Himmer <info@whatcanstthousay.org> WCTS, 1035 Hereford Drive, Blue Bell PA 19422-1925.

Please write for permission before reprinting excerpts.

## SUBSCRIPTION FORM

**Please send this form to:** WCTS c/o Richard Himmer,  
1035 Hereford Drive, Blue Bell PA 19422-1925

Enclosed is my check to What Canst Thou Say?

\_\_\_\_\_ \$ 10 for a one-year subscription

\_\_\_\_\_ \$ 9 per year for two or more years

\_\_\_\_\_ \$ 5 for a one-year electronic subscription

\_\_\_\_\_ \$ 45 for a complete set of back issues to the most current

\_\_\_\_\_ \$ 15 for partial sets (Issues 1–20, 21–40, 41–60)

\_\_\_\_\_ \$ 1.50 for individual past issues

Enclosed is a contribution of \$ \_\_\_\_\_

I cannot afford \$10, enclosed is \$ \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_